



What activities are provided?

Amber Aged Care have dedicated lifestyle staff who provide residents with a range of fun and social activities such as:

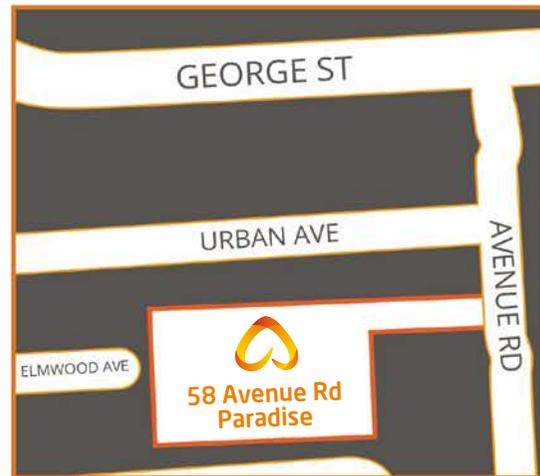
- Arts and crafts, reading
- Cultural and spiritual activities
- Entertainment, concerts, live theatre
- Excursions, bus trips, movie days and social outings
- Daily activities, happy hour, exercise classes, gardening
- Games, bingo, board and card games
- Individual programs
- Luncheons, BBQs, theme days
- Men's group
- Pet therapy, music therapy
- Relaxation

Visit Amber Aged Care

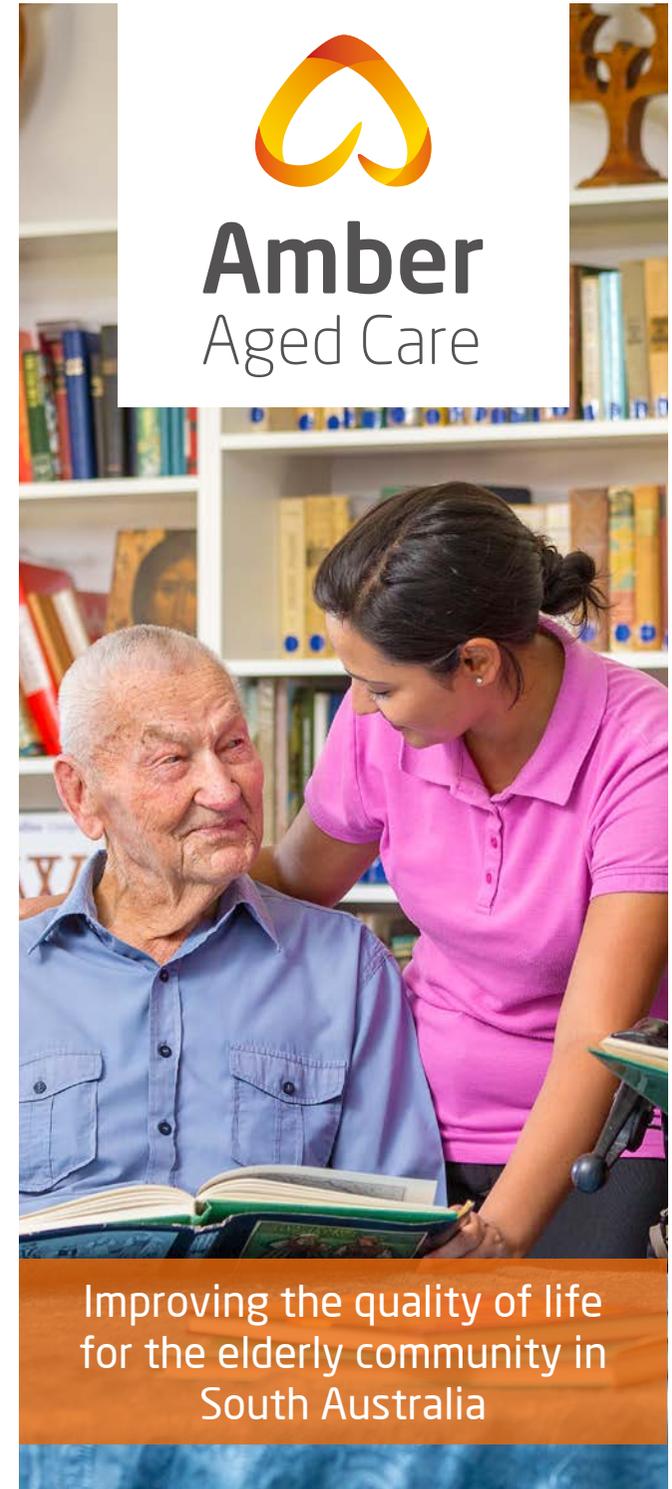
Visitors are welcome between the hours of 0900-2100, 7 days a week.

If you would like a personalised tour of our facilities, we welcome you to contact us on 08 8465 5500 to arrange a time or to enquire about any of our services.

Please visit our website and Facebook page for more information.



58 Avenue Road Paradise SA 5075
Phone: 08 8465 5500 **fax:** 08 8365 3723
www.amberagedcare.com.au



Amber
Aged Care

Improving the quality of life
for the elderly community in
South Australia



“Due to our relatively small size, residents are able to enjoy a warm, homely environment where staff and residents are able to form meaningful relationships.”

Amber Aged Care is a non-profit organisation dedicated to providing high quality aged care to the elderly community in South Australia.

Established in 1992 to offer aged care and accommodation services for the Baltic communities, Amber Aged Care is now home to residents from a wide range of cultural backgrounds.

Our staff are qualified and trained in managing the individual care requirements of our residents and are committed to improving quality of life. We provide full ageing in place care including memory support and end of life care with 24 hour nursing staff available.

As we have residents from a diverse range of cultural backgrounds, we support their cultural needs through choice of meals and activities on an individual basis. Our residents’ also enjoy Happy Hour and special event lunches (e.g. Melbourne Cup and Easter).

Living at Amber

Amber Aged Care is a 32 bed aged care facility situated in the north eastern suburb of Paradise just 20 minutes from the city and includes:

- Five separate houses - four accommodation houses (with a maximum of eight bedrooms per house); and one central dining and activity house.
- A central lounge and private dining area.
- Undercover outdoor areas, open spaces and gardens.

Attached to our aged care facility is Amberlie, a quiet housing estate with 12 independent living units. Residents are encouraged to participate in group activities together.

What amenities are provided?

- Spacious gardens with sitting areas.
- BBQ and outdoor living area.
- Library, TV lounges and a music room.



Rooms

All residents have their own private room with keyaccess, a bed and bedside table.

- Residents are encouraged to personalise their room with pictures and small pieces of furniture.
- Amber Aged Care staff are happy to assist with any questions relating to room furnishings.
- Each room is air-conditioned, carpeted and has a private bathroom.
- Sliding glass doors open onto a small private veranda and garden.

Meals

Community room for gatherings, entertainment, bingo, movies and meetings.

- Access to internet and email.
- Weekly hairdressing service.

All meals are prepared on-site by our chefs and served in the dining areas or residents’ rooms. We consult residents in regard to menu planning and dietary requirements (e.g. diabetes and food intolerances) are catered for.