



Amber
Aged Care

Newsletter

Welcome

Welcome to the new format of our bimonthly newsletter. We have decided to reduce the size of the newsletter but increase it to a bimonthly edition to provide you with timely information and updates. On a staffing level we would like to welcome Ashley to Amber Aged Care, Ashley is completing his traineeship in aged care disability and support. At Amber Aged Care we strongly support and encourage employment diversity and inclusion. Creating a work environment where our employees feel comfortable to bring their full selves to work. We would also like to welcome Meena who has joined us as a carer.

This edition:

- A NOTE FROM OUR MANAGER
- A MESSAGE FROM LIFESTYLE
- BUILDING WORKS
- REMINDERS



A note from the Manager

As we continue the winter months it is important that we pay attention to our own health to reduce the risks to our consumers. If you are feeling unwell or have any signs and/or symptoms of a cold or an upper respiratory infection please stay home and postpone your visit until you're well. We remind you that when you are in our facility a mask needs to be worn at all times. This assists in keeping our consumers safe. RAT testing continues and a RAT test must be completed prior to each visit.

Over the next few months, you will notice some changes in AAC, the kitchenettes in house 1 and 4 are being updated to support a bain-marie style service. This will enable our consumer to enjoy a hotel style service at mealtimes and also provide choice at time of plating in the event an individual changes their mind regarding their meal choice.

Our team of staff over the next couple of months will also increase to support the extra 8 beds and ensure the care provided is of a high standard. Whilst some of you may be aware the Royal Commission require reporting of care minutes and RN minutes with a requirement that all facilities have 24 RN care. Please be aware that our staffing levels with AAC meet the minutes required to support each individuals care needs and individual requirements.

*We wish a very
Happy Birthday to*

Kaylene and Vlado



A message from Lifestyle

Due to Covid-19 precautions, activities will continue at a reduced capacity, with residents from Houses 1 and 2 attending activities together and residents from Houses 3 and 4 attending activities together. New Lifestyle Activities have been included to the program thanks to the suggestions and input provided by residents.

In the month of July we will be celebrating NAIDOC Week with a range of art activities, celebrating our resident's birthdays and acknowledging different nationalities with our Cultural Days. Our religious pastoral care teams have been an integral support for residents and will continue to visit and conduct services.



**GET UP!
STAND UP!
SHOW UP!**

3-10 JULY 2022



Building works

It is very exciting to see the roof is now on house 5. This now enables the builders to start working on the inside of the building even when the weather is problematic. The planned completion date of House 5 is end of July. The healthy activity paths have been laid behind house 2 and 3 and a landscaper will soon fill the garden beds with plants and hedging. The paths will have some bench seating providing another quiet space for consumers to spend time with their families and friends. We are anticipating the arrival of this seating within the next month.

Special Days coming up

**30-10 July
NAIDOC Week**

**30 July
National Friendship Day**

Reminders

No perishable food items or foods that require reheating should be brought into the facility. If you bring food items in, they must be given to staff to record these items as well as providing an opportunity for staff to check the food against the consumers dietary profile.