

December 2024 - Lifestyle Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						01
02 Exercise Class With Physio 11 To 11:45 Activity Room Bingo 01:30 To 02:30 Activity Room	03 Balloon Tennis 11 To 12 Activity Room Ballet Performance 01:15 To 02:15 House 5	04 Champagne Breakfast 08:30 To 09:30 Activity Room Craft Christmas ornaments 01:30 To 02:30 Activity Room	05 Exercise Class With Physio 11 To 11:45 Activity Room BBQ Lunch 12:30 To 01:30 Outside	06 Hairdresser House 1 09:30 To 03 Hair Salon Active Games 11 To 12 Activity Room Happy Hour 01:30 To 02:30 Resident Room	07 Hoi 01:30 To 02:30 Activity Room	08 Active Games 01:30 To 02:30 Activity Room
09 Cultural Dance/Music Performance 10:30 To 11:30 Activity Room Exercise Class With Physio 01:30 To 02:15 Activity Room	10 Catholic Eucharistic Services 09 To 10 Resident Room Balloon Tennis 11 To 12 Activity Room Armchair Travel with VR Headsets Group 1 01:15 To 01:45 Activity Room Armchair travel with VR Headsets - Group 2 02 To 02:30 Activity Room	11 Lutheran Church Service 10 To 11 Activity Rooms Craft Christmas ornaments 01:30 To 02:30 Activity Room	12 Exercise Class With Physio 11 To 11:45 Activity Room Hoi 01:30 To 02:30 Activity Room	13 Hairdresser House 2 09:30 To 03 Hair Salon Active Games 11 To 12 Activity Room Happy Hour 01:30 To 02:30 Activity Rooms	14	15
16 Exercise Class With Physio 11 To 11:45 Activity Room Bingo 01:30 To 02:30 Activity Rooms	17 Balloon Tennis 11 To 12 Activity Room Armchair Travel with VR Headsets Group 1 01:15 To 01:45 Activity Room Armchair travel with VR Headsets - Group 2 02 To 02:30 Activity Room	18 CHRISTMAS CELEBRATION with Weezy Listening Performing Christmas Carols (Family Invitation) 12 To 02 Outside	19 Exercise Class With Physio 11 To 11:45 Activity Room Hoi 01:30 To 02:30 Activity Room	20 Hairdresser House 3 09:30 To 03 Hair Salon Active Games 11 To 12 Activity Room Happy Hour 01:30 To 02:30 Resident Room	21 Pet Therapy 10:30 To 11:30 Resident Room	22
23 Exercise Class With Physio 11 To 11:45 Activity Room Bingo 01:30 To 02:30 Activity Rooms	24 Christmas Eve Catholic Eucharistic Services 09 To 10 Resident Room One on One Visit 10 To 12 Resident Room BBQ Lunch 12:30 To 02 Outside	25 Christmas Day One on One Visit 10 To 12 Resident Room Ladies Nail Polish Pamper 01:30 To 02:30 Resident Room	26 Boxing Day / Proclamation Day One on One Visit 10 To 12 Resident Room Active Games 01:30 To 02:30 Activity Room	27 Active Games 11 To 12 Activity Room Happy Hour 01:30 To 02:30 Activity Rooms	28	29

Disclaimer: Due to unforeseen circumstances activities may be subject to change.

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30 Exercise Class With Physio 11 To 11:45 Activity Room Bingo 01:30 To 02:30 Activity Rooms	31 New Year's Eve One on One Visit 10 To 12 Resident Room BBQ Lunch 12:30 To 02 Outside					

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