

January 2025 - Lifestyle Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		01 New Years Day One on One Visit 11 To 02:30 Resident Room	02 One on One Visit 01:30 To 02:30 Resident Room	03 Hairdresser House 4 09:30 To 03 Hair Salon Active Games 11 To 12 Activity Room Happy Hour 01:30 To 02:30 Resident Room	04 Bingo 01:30 To 02:30 Activity Room	05 Active Games 01:30 To 02:30 Activity Room
06 Exercise Class With Physio 11 To 12 Activity Room Bingo 01:30 To 02:30 Activity Room	07 Catholic Eucharistic Services 09 To 10 Resident Room Word Games 11 To 12 Activity Room Armchair Travel with VR Headsets Group 1 01:15 To 01:45 Activity Room Armchair travel with VR Headsets - Group 2 02 To 02:30 Activity Room	08 Champagne Breakfast 08:30 To 09:30 Activity Room Craft - Jewelry Making 01:30 To 02:30 Activity Room	09 Exercise Class With Physio 11 To 12 Activity Room Gardening club 01:30 To 02:30 Outside	10 Hairdresser House 5 09:30 To 03 Hair Salon Active Games 11 To 12 Activity Room Happy Hour 01:30 To 02:30 Activity Room	11 Pet Therapy 10:30 To 11:30 Resident Room Bingo 01:30 To 02:30 Activity Room	12 Active Games 01:30 To 02:30 Activity Room
13 Exercise Class With Physio 11 To 12 Activity Room Bingo 01:30 To 02:30 Activity Room	14 Chair Soccer 11 To 12 Activity Room Hoi 01:30 To 02:30 Activity Room	15 Lutheran Church Service 10 To 11 Activity Rooms Residents Meeting 11:15 To 12 Activity Room Hoi 01:30 To 02:30 Activity Room	16 Exercise Class With Physio 11 To 12 Activity Room BBQ Lunch 12:30 To 01:30 Outside	17 Hairdresser House 1 09 To 03 Hair Salon Active Games 11 To 12 Activity Room Happy Hour 01:30 To 02:30 Resident Room	18 Bingo 01:30 To 02:30 Activity Room	19 Active Games 01:30 To 02:30 Activity Room
20 Exercise Class With Physio 11 To 12 Activity Room Bingo 01:30 To 02:30 Activity Room	21 Catholic Eucharistic Services 09 To 10 Resident Room Balloon Tennis 11 To 12 Activity Room Armchair Travel with VR Headsets Group 1 01:15 To 01:45 Activity Room Armchair travel with VR Headsets - Group 2 02 To 02:30 Activity Room	22 Word Games 11 To 12 Activity Room Craft - Jewelry Making 01:30 To 02:30 Activity Room	23 Exercise Class With Physio 11 To 12 Activity Room Gardening club 01:30 To 02:30 Outside	24 Hairdresser House 2 09:30 To 03 Hair Salon Active Games 11 To 12 Activity Room Cultural Food Event 12:30 To 01:30 Activity Room	25 Pet Therapy 10:30 To 11:30 Resident Room Bingo 01:30 To 02:30 Activity Room	26 Australia Day public holiday Active Games 01:30 To 02:30 Activity Room
27 Bingo 11 To 12 Activity Room Ladies Nail Polish Pamper 01:30 To 02:30 Activity Room	28 Chair Soccer 11 To 12 Activity Room Bowling 01:30 To 02:30 Activity Room	29 Car Drive for 4 - Morning Tea 10:30 To 11:30 Outside Hoi 01:30 To 02:30 Activity Room	30 Exercise Class With Physio 11 To 12 Activity Room BBQ Lunch 12:30 To 01:30 Outside	31 Hairdresser House 3 09:30 To 03 Hair Salon Active Games 11 To 12 Activity Room Happy Hour 01:30 To 02:30 Resident Room		

Disclaimer: Due to unforeseen circumstances activities may be subject to change.