

January 2025 - Lifestyle Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		01 New Years Day One on One Visit 10 To 03 Resident Room	02 One on One Visit 10 To 03 Resident Room	03 Hairdresser House 4 09:30 To 03 Hair Salon Active Games 11 To 12 Activity Room Hoi 01:30 To 02:30 Activity Room	04 Bingo 01:30 To 02:30 Activity Room	05 Active Games 01:30 To 02:30 Activity Room
06 Exercise Class With Physio 11 To 12 Activity Room One on One Visit 01:30 To 02:30 Resident Room	07 Catholic Eucharistic Services 09 To 10 Resident Room Word Games 11 To 12 Activity Room Armchair Travel with VR Headsets Group 1 01:15 To 01:45 Activity Room Armchair travel with VR Headsets - Group 2 02 To 02:30 Activity Room 1:1 Lifestyle Activities 03 To 06 Resident Room	08 Champagne Breakfast 08:30 To 09:30 Activity Room Alphabet Game 11 To 12 Activity Room Craft - Jewelry Making 01:30 To 02:30 Activity Room	09 Exercise Class With Physio 11 To 12 Activity Room BBQ Lunch 12:30 To 02 Outside	10 Hairdresser House 5 09:30 To 03 Hair Salon Active Games 11 To 12 Activity Room Hoi 01:30 To 02:30 Activity Room	11 Pet Therapy 10:30 To 11:30 Resident Room Bingo 01:30 To 02:30 Activity Room	12 Active Games 01:30 To 02:30 Activity Room
13 Exercise Class With Physio 11 To 12 Activity Room Bingo 01:30 To 02:30 Activity Room	14 Catholic Eucharistic Services 09 To 10 Resident Room Chair Soccer 11 To 12 Activity Room Hoi 01:30 To 02:30 Activity Room	15 Residents Meeting 11:15 To 12 Activity Room Armchair Travel with VR Headsets Group 1 01:15 To 01:45 Activity Room Armchair travel with VR Headsets - Group 2 02 To 02:30 Activity Room	16 Exercise Class With Physio 11 To 12 Activity Room Gardening club 01:30 To 02:30 Outside	17 Hairdresser House 1 09 To 03 Hair Salon Active Games 11 To 12 Activity Room Ladies Nail Polish Pamper 01:30 To 02:30 Resident Room	18 Bingo 01:30 To 02:30 Activity Room	19 Active Games 01:30 To 02:30 Activity Room
20 Exercise Class With Physio 11 To 12 Activity Room Bingo 01:30 To 02:30 Activity Room	21 Catholic Eucharistic Services 09 To 10 Resident Room Balloon Tennis 11 To 12 Activity Room Armchair Travel with VR Headsets Group 1 01:15 To 01:45 Activity Room Armchair travel with VR Headsets - Group 2 02 To 02:30 Activity Room	22 Word Games 11 To 12 Activity Room Rick Bland - Acoustic Man 01:30 To 02:30 Outside	23 Exercise Class With Physio 11 To 12 Activity Room Cultural Food Event 12:30 To 02 Outside	24 Hairdresser House 2 09:30 To 03 Hair Salon Active Games 11 To 12 Activity Room Hoi 01:30 To 02:30 Activity Room	25 Pet Therapy 10:30 To 11:30 Resident Room Bingo 01:30 To 02:30 Activity Room	26 Australia Day public holiday Active Games 01:30 To 02:30 Activity Room
27 Bingo 11 To 12 Activity Room Ladies Nail Polish Pamper 01:30 To 02:30 Activity Room	28 Catholic Eucharistic Services 09 To 10 Resident Room Chair Soccer 11 To 12 Activity Room Bowling 01:30 To 02:30 Activity Room	29 Car Drive for 3 - Morning Tea 10:30 To 11:30 Outside Hoi 01:30 To 02:30 Activity Room	30 Exercise Class With Physio 11 To 12 Activity Room Deal or No Deal 01:30 To 02:30 Activity Room	31 Hairdresser House 3 09:30 To 03 Hair Salon Active Games 11 To 12 Activity Room Birthday Party 01:30 To 02:30 Activity Room		

Disclaimer: Due to unforeseen circumstances activities may be subject to change.