## Weekly Menu Display



Amber Agedcare	Amber Meals Menu Summer 24/25 Copy For Display Week 1										
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
Breakfast											
Breakfast 1	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad				
Breakfast 2	Scrambled Eggs	Scrambled Eggs	Scrambled Egg & Bacon Served With Pancakes Baked Beans And Crumpet	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Egg & Bacon Served With Pancakes Baked Beans And Crumpet				
Morning Tea											
Morning Tea 1	Anzac Crumble Slice With Custard Fresh Fruits Offering	Pizza Slice Fresh Fruits Offering	Apple & Cinnamon Muffin Fresh Fruits Offering	Mixed Berry Mousse Fresh Fruits Offering	Carrot Cake Fresh Fruits Offering	Scones Jam And Cream Fresh Fruits Offering	Banana Bread With Butter Or Custard Fresh Fruits Offering				
				Lunch							
Lunch Main Meal	Braised Lamb Chops Served With Sweet Potato Mash, Steamed Vegetables And Minted Gravy	Apricot Chicken Served With Mash Potato, Beans, Carrots	Thai Red Chicken Curry Served With Rice/mash And Vegetables	Bbq Lunch! Beef Sausages Grilled Chicken Meat Patties Served With Potato Salad, Pasta Salad And Green Salad	Crumbed Or Steamed Fish & Chips Served With Coleslaw	Savoury Meatloaf With Bbq Style Gravy, Served With A Seasonal Mixed Vegetable Bake	Beef Roast And Gravy Served With Roast Potato, Pumpkin Peas And Cauliflower Cheesy Bake.				
Lunch Alternative Meal	Fresh Pesto Spinach Pasta, Drizzled In Olive Oil Served With A Garden Salad	Beef Sausages With Caramelized Onions And Gravy With Mash Potato, Beans, Carrots	Sweet And Sour Pork Served With Stir-fried Vegetables And Rice.	Salt And Pepper Squid Served With Chips And Garden Salad	Vegetable Chickpea Curry Served With Roti	Chicken Schnitzel With Gravy, Served With A Seasonal Mixed Vegetable Bake	Tuna Mornay Baked With Roast Potato/mash , Pumpkin, Peas And Cauliflower Cheesy Bake.				
Lunch Salad	Soft Quinoa Salad Spinach, Roasted Sweet Potato, Avocado And Fetta Cheese.	Creamy Greek Yoghurt Cucumber And Dill Salad	Boiled Egg And Potato Salad.	Beetroot, Fetta Cheese And Carrot Salad	Sweet Potato, Apple And Ricotta Cheese Salad	Chicken, Spinach, Pumpkin And Fetta Cheese Salad	Creamy Greek Yoghurt, Broccoli And Cauliflower Salad				
Lunch Sandwich	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments				
Lunch Dessert	Lemon Cheese Cake With Whipped Cream	Apple Pie Cream Custard Sauce	Pavlova With Fruit And Whipped Cream	Creamed Warm Cinnamon Rice With Apricot Halves	Vanilla Panna Cotta With Berry Sauce	Poached Cinnamon Baby Pears Served With Vanilla Cream And Crumble	Sticky Date Pudding With Butterscotch Sauce And Ice Cream				
Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream				
Fruit	Fruit Salad Bananas Watermelon Fruit Puree	Fruit Salad Bananas Watermelon Fruit Puree	Fruit Salad Bananas Watermelon Fruit Puree	Fruit Salad Bananas Watermelon Fruit Puree	Fruit Salad Bananas Watermelon Fruit Puree	Fruit Salad Bananas Watermelon Fruit Puree	Fruit Salad Bananas Watermelon Fruit Puree				
Afternoon Tea											
Afternoon Tea 1	Iced Orange Cake Served With Homemade Custard Fruit Salad	Fresh Strawberry And Banana, Crapes Served With Whipped Cream And Strawberry Syrup Fruit Salad	Cheese And Biscuits With Dip Fruit Salad	Baked New York Lemon Cheese Cake Fruit Salad	Crapes Served With Fruit And Whipped Cream	Chocolate Chip Cookies Fruit Salad	Strawberry Mousse With Mixed Berries Fruit Salad				
				Dinner							
Dinner Soup	Cauliflower Soup	Split Pea Soup	Tomato, Basil Barley Soup	Potato & Leek Soup	Roast Pumpkin & Lentil Soup	Carrot & Lentil Soup	Chicken & Vegetable Soup				

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Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Dinner Main Meal	Sweet And Sour Chicken Served With Rice /mash	Beef And Vegetable Lasagna With Homemade Potato Wedges	Beef Rissoles In Savoury Gravy With Mash Potato	Butter Chicken And Vegetable Curry Served With Steamed Rice Or Sweet Potato Puree	Satay Beef Served With Vegetable Fried Rice Or Mash	Beef Bolognese & Vegetable Pasta Bake Served With Garden Salad	Cheese, Spinach And Vegetable Frittata With Chips And Salad	
Dinner Alternative Meal	Beef Madras Curry Served With Rice Or Mash	Mac & Cheese Vegetable Bake Served With Green Salad	Baked Salmon Served With Grilled Asparagus, Mashed Potato And Topped With Hollandaise Sauce	Lamb Meat Balls In Gravy Served With Potato, Sweet Potato And Pumpkin Mash Mix.	Homemade Chicken Sausage Rolls Served With Garden Salad And Mash Potato	Cottage Vegetable Pie With Topped With With Mash Potato Served With A Fresh Garden Salad	Creamy Chicken Served With Pasta Or Mash Potato	
Dinner Salad	Soft Quinoa Salad Spinach, Roasted Sweet Potato, Avocado And Fetta Cheese.	Creamy Greek Yoghurt Cucumber And Dill Salad	Boiled Egg And Potato Salad.	Beetroot, Fetta Cheese And Carrot Salad	Sweet Potato, Apple And Ricotta Cheese Salad	Chicken, Spinach, Pumpkin And Fetta Cheese Salad	Creamy Greek Yoghurt, Broccoli And Cauliflower Salad	
Dinner Sandwich	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	
Dinner Dessert	Ice Cream Banana Split Topped With Chocolate Sauce	Jellied Fruit Served With Whipped Cream	Chocolate Brownies Layered In Rich Chocolate Sauce Served With A Dollop Of Fresh Cream	Vanilla Sponge Cake Topped With Custard	Fruit And Yoghurt	Bread And Butter Pudding	Strawberry Cheese Cake	
Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	
Fruit	Fruit Salad Bananas Oranges Watermelon Fruit Puree	Fruit Salad Bananas Oranges Watermelon Fruit Puree	Fruit Salad Bananas Oranges Watermelon Fruit Puree	Fruit Salad Bananas Oranges Watermelon Fruit Puree	Fruit Salad Bananas Oranges Watermelon Fruit Puree	Fruit Salad Bananas Oranges Watermelon Fruit Puree	Fruit Salad Bananas Oranges Watermelon Fruit Puree	
				Supper				
Supper	Yoghurt Scrambled Eggs Cheese And Crackers Arnott's Biscuits Ham And Cheese Sandwich Chefs Salad Fruit Salad / Puree	Yoghurt Scrambled Eggs Cheese And Crackers Arnott's Biscuits Ham And Cheese Sandwich Chefs Salad Fruit Salad / Puree	Yoghurt Scrambled Eggs Cheese And Crackers Arnott's Biscuits Ham And Cheese Sandwich Chefs Salad Fruit Salad / Puree	Yoghurt Scrambled Eggs Cheese And Crackers Arnott's Biscuits Ham And Cheese Sandwich Chefs Salad Fruit Salad / Puree	Yoghurt Scrambled Eggs Cheese And Crackers Arnott's Biscuits Ham And Cheese Sandwich Chefs Salad Fruit Salad / Puree	Yoghurt Scrambled Eggs Cheese And Crackers Arnott's Biscuits Ham And Cheese Sandwich Chefs Salad Fruit Salad / Puree	Yoghurt Scrambled Eggs Cheese And Crackers Arnott's Biscuits Ham And Cheese Sandwich Chefs Salad Fruit Salad / Puree	