

Weekly Menu Display



Amber Meals Menu Summer 24/25 Copy For Display							
Amber Agedcare							Week 1
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast							
Breakfast 1	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad
Breakfast 2	Scrambled Eggs	Scrambled Eggs	Scrambled Egg & Bacon Served With Pancakes Baked Beans And Crumpet	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Egg & Bacon Served With Pancakes Baked Beans And Crumpet
Morning Tea							
Morning Tea 1	Anzac Crumble Slice With Custard Fresh Fruits Offering	Pizza Slice Fresh Fruits Offering	Apple & Cinnamon Muffin Fresh Fruits Offering	Mixed Berry Mousse Fresh Fruits Offering	Carrot Cake Fresh Fruits Offering	Scones Jam And Cream Fresh Fruits Offering	Banana Bread With Butter Or Custard Fresh Fruits Offering
Lunch							
Lunch Main Meal	Braised Lamb Chops Served With Sweet Potato Mash, Steamed Vegetables And Minted Gravy	Apricot Chicken Served With Mash Potato, Beans, Carrots	Thai Red Chicken Curry Served With Rice/mash And Vegetables	Bbq Lunch! Beef Sausages Grilled Chicken Meat Patties Served With Potato Salad, Pasta Salad And Green Salad	Crumbed Or Steamed Fish & Chips Served With Coleslaw	Savoury Meatloaf With Bbq Style Gravy, Served With A Seasonal Mixed Vegetable Bake	Beef Roast And Gravy Served With Roast Potato, Pumpkin Peas And Cauliflower Cheesy Bake.
Lunch Alternative Meal	Fresh Pesto Spinach Pasta, Drizzled In Olive Oil Served With A Garden Salad	Beef Sausages With Caramelized Onions And Gravy With Mash Potato, Beans, Carrots	Sweet And Sour Pork Served With Stir-fried Vegetables And Rice.	Salt And Pepper Squid Served With Chips And Garden Salad	Vegetable Chickpea Curry Served With Roti	Chicken Schnitzel With Gravy, Served With A Seasonal Mixed Vegetable Bake	Tuna Mornay Baked With Roast Potato/mash , Pumpkin, Peas And Cauliflower Cheesy Bake.
Lunch Salad	Soft Quinoa Salad Spinach, Roasted Sweet Potato, Avocado And Fetta Cheese.	Creamy Greek Yoghurt Cucumber And Dill Salad	Boiled Egg And Potato Salad.	Beetroot, Fetta Cheese And Carrot Salad	Sweet Potato, Apple And Ricotta Cheese Salad	Chicken, Spinach, Pumpkin And Fetta Cheese Salad	Creamy Greek Yoghurt, Broccoli And Cauliflower Salad
Lunch Sandwich	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments
Lunch Dessert	Lemon Cheese Cake With Whipped Cream	Apple Pie Cream Custard Sauce	Pavlova With Fruit And Whipped Cream	Creamed Warm Cinnamon Rice With Apricot Halves	Vanilla Panna Cotta With Berry Sauce	Poached Cinnamon Baby Pears Served With Vanilla Cream And Crumble	Sticky Date Pudding With Butterscotch Sauce And Ice Cream
Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream
Fruit	Fruit Salad Bananas Watermelon Fruit Puree	Fruit Salad Bananas Watermelon Fruit Puree	Fruit Salad Bananas Watermelon Fruit Puree	Fruit Salad Bananas Watermelon Fruit Puree	Fruit Salad Bananas Watermelon Fruit Puree	Fruit Salad Bananas Watermelon Fruit Puree	Fruit Salad Bananas Watermelon Fruit Puree
Afternoon Tea							
Afternoon Tea 1	Iced Orange Cake Served With Homemade Custard Fruit Salad	Fresh Strawberry And Banana, Crapes Served With Whipped Cream And Strawberry Syrup Fruit Salad	Cheese And Biscuits With Dip Fruit Salad	Baked New York Lemon Cheese Cake Fruit Salad	Crapes Served With Fruit And Whipped Cream	Chocolate Chip Cookies Fruit Salad	Strawberry Mousse With Mixed Berries Fruit Salad
Dinner							
Dinner Soup	Cauliflower Soup	Split Pea Soup	Tomato, Basil Barley Soup	Potato & Leek Soup	Roast Pumpkin & Lentil Soup	Carrot & Lentil Soup	Chicken & Vegetable Soup

