

Weekly Menu Display



Amber Meals Menu Summer 24/25 Copy For Display							
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast							
Breakfast 1	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad
Breakfast 2	Scrambled Eggs	Scrambled Eggs	Scrambled Egg & Bacon Served With Pancakes Baked Beans And Crumpet	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Egg & Bacon Served With Pancakes Baked Beans And Crumpet
Morning Tea							
Morning Tea 1	Hot Chip Served With Gravy	Date Scones	Homemade Sausage Rolls	Fried Mini Vegetable Fritters	Scones Jam And Cream	Apple And Cinnamon Muffins	Cheese And Biscuits
Lunch							
Lunch Main Meal	Chicken Parmigiana With Potato Wedges And Salad/vegetables	Lamb Koftas With Bbq Gravy, Scallop Potato, Peas And Sweet Potato	Sweet And Sour Pork And Vegetable With Rice/mash And Steamed Vegetables	Roast Chicken In Gravy With Roasted Potato, Carrot, Pumpkin And Peas	Battered Or Steamed Fish And Chips Or Mash Tartare Sauce And Coleslaw	Meatloaf And Roast Vegetable With Potato Mash & Beans, Carrots	Roast Pork With Apple Sauce And Gravy, Roast Potatoes, Pumpkin & Peas
Lunch Alternative Meal	Asian Garlic Prawns With Fried Rice/mash And Salad/vegetables	Grilled Chicken , Bbq Gravy, Scallop Potato, Peas And Sweet Potato	Mexican Beef And Cheese Enchiladas Served With Rice / Mash	Homemade Pizza Party!!! Bbq Chicken Ham And Pineapple Supreme Vege	Beef Burger With Lettuce, Tomato & Coleslaw With Fries	Warm Chicken And Avocado Salad Served With Hot Chips	Battered Or Steamed Fish And Chips Or Mash Served With Coleslaw.
Lunch Salad	Soft Quinoa Salad Spinach, Roasted Sweet Potato, Avocado And Feta Cheese.	Creamy Greek Yoghurt Cucumber And Dill Salad	Boiled Egg And Potato Salad	Beetroot, Fetta Cheese And Carrot Salad	Sweet Potato, Apple And Ricotta Cheese Salad	Chicken, Spinach, Pumpkin And Fetta Cheese Salad	Creamy Broccoli And Cauliflower Salad
Lunch Sandwich	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments
Lunch Dessert	Creme Caramel With Whipped Cream	Bread & Butter Pudding With Runny Cream	Lemon Cheesecake With Whipped Cream	Warm Rice Pudding With Stewed Apricots	Jellied Fruit Trifle With Whipped Cream	Tiramisu With Chocolate Shavings	Apple And Rhubarb Crumble With Custard
Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream
Fruit	Fruit Salad Bananas Watermelon Fruit Puree	Fruit Salad Bananas Watermelon Fruit Puree	Fruit Salad Bananas Watermelon Fruit Puree	Fruit Salad Bananas Watermelon Fruit Puree	Fruit Salad Bananas Watermelon Fruit Puree	Fruit Salad Bananas Watermelon Fruit Puree	Fruit Salad Bananas Watermelon Fruit Puree
Afternoon Tea							
Afternoon Tea 1	Warm Banana Bread With Butter Or Custard	Berry Protein Slice	Cheese And Crackers With Savoury Dip	Chocolate Mousse Eclairs	Creamed Cheese Iced Carrot Cake	Cheesy Pizza Slice	Scones Jam And Cream
Dinner							
Dinner Soup	Roast Pumpkin Soup	Cream Of Cauliflower Soup	Potato And Leek Soup	Vegetable Soup	Chicken Noodle Soup	Beef And Vegetable Soup With Barley	Pumpkin Soup
Dinner Main Meal	Lamb And Vegetable Casserole With Potato Mash	Tuna Mornay Served With Pasta Bake Mash With A Side Of Steamed Greens	Sheppards Pie Served With Steamed Vegetables	Honey Chicken Served With Vegetable Fried Rice	Beef And Tomato Ragu With Pasta And Parmesan Cheese	Creamy Chicken Served With Seasonal Steamed Vegetables And Mashed Potato.	Teriyaki Beef And Vegetable Stir-fry Served With Rice/mash
Dinner Alternative Meal	Spaghetti And Meat Balls	Beef Madras Curry Served With Rice Or Sweet Potato Mash	Chicken And Vegetable Casserole Served With Mash Potato	Lamb And Vegetable Stew Served With Sweet Potato And Pumpkin Mash	Grilled Chicken Served With Seasonal Steamed Greens And A Creamy Cheese Sauce	Beef Lasagne Served With Garden Salad And Steamed Seasonal Vegetables	Mango Chicken Curry Served With Steamed Rice Or Mashed Potato

Week 4

