

## Weekly Menu Display



Amber Meals Menu Summer 24/25 Copy For Display							
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>							
<b>Breakfast 1</b>	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad	Toast Weetbix / Cornflakes Rice Bubbles Porridge Fruit / Fruit Salad
<b>Breakfast 2</b>	Scrambled Eggs	Scrambled Eggs	Scrambled Egg & Bacon Served With Pancakes Baked Beans And Crumpet	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Egg & Bacon Served With Pancakes Baked Beans And Crumpet
<b>Morning Tea</b>							
<b>Morning Tea 1</b>	Pizza Bites	Berry Protein Slice	Sones Jam And Cream	Savoury Muffins	Chocolate Protein Slice	Berries & White Chocolate Muffins	Cheese And Cracker
<b>Lunch</b>							
<b>Lunch Main Meal</b>	Beef And Vegetable In Black Bean Sauce With Mash Potato, Broccoli, Carrot Rings	Pickled Pork & Mustard Sauce, Boiled Potatoes, Cabbage And Mash Sweet Potato	Baked Salmon Served With Potato Wedges, Baked Pumpkin And Beans	Bbq Lunch! Beef Sausages Grilled Chicken Meat Patties Served With Potato Salad, Pasta Salad And Green Salad	Crumbed Fish And Chips With Coleslaw	Creamy Chicken Bacon, Spinach Carbonara Pasta Served With A Cheesy Vegetable Bake	Salt And Pepper Squid Served With Chips And A Greek Style Salad.
<b>Lunch Alternative Meal</b>	Chicken And Vegetable Sausage Rolls Served Mash Potato, Broccoli, Carrot Rings	Crumbed Or Steamed, Fish And Chips Served With Creamy Pasta Salad Or Mash	Curried Beef Sausages With Potato Wedges, Baked Pumpkin And Beans	Cheesy Vegetable Frittata Served With Your Choice Of Green, Potato Or Pasta Salads.	Homemade Beef & Vegetable Pastie With Tomato Relish, Hot Chips And Coleslaw	Vegetable Fritters Served With Fresh Garden Salad	Lamb And Vegetable Patties With Mint And Yoghurt Dressing, Baked Potato & Cauliflower Mornay, Pumpkin
<b>Lunch Salad</b>	Soft Quinoa Salad Spinach, Roasted Sweet Potato, Avocado And Feta Cheese.	Creamy Greek Yoghurt Cucumber And Dill Salad	Boiled Egg And Potato Salad.	Beetroot, Fetta Cheese And Carrot Salad	Sweet Potato, Apple And Ricotta Cheese Salad	Chicken, Spinach, Pumpkin And Fetta Cheese Salad	Creamy Broccoli And Cauliflower Salad
<b>Lunch Sandwich</b>	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments
<b>Lunch Dessert</b>	Sticky Date Pudding With Butterscotch Sauce And Ice Cream	Apple And Rhubarb Crumble With Custard	Baked Egg Custard With Pouring Cream	Pavlova With Fruit And Whipped Cream	Crème Brulé	Blueberry Cheese Cake	Warm Chocolate Pudding Served With Warm Chocolate Sauce
<b>Ice Cream</b>	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream
<b>Fruit</b>	Fruit Salad Bananas Watermelon	Fruit Salad Bananas Watermelon	Fruit Salad Bananas Watermelon	Fruit Salad Bananas Watermelon	Fruit Salad Bananas Watermelon	Fruit Salad Bananas Watermelon	Fruit Salad Bananas Watermelon
<b>Afternoon Tea</b>							
<b>Afternoon Tea 1</b>	Iced Banana Cake	Home Made Jam Swiss Roll	Lemon Cake Slice	Crapes Served With Fruit And Whipped Cream	Iced Chocoate Cake	Cheese And Crackers	Iced Passionfruit Creamed Sponge
<b>Dinner</b>							
<b>Dinner Soup</b>	Cream Of Asparagus Soup	Chicken Noodle Soup	Sweet Potato & Red Lentil Soup	Minestrone Soup	Cream Of Potato Celery And Leek Soup	Tomato And Basil Soup	Beef, Barley And Vegetable Soup
<b>Dinner Main Meal</b>	Chicken Schnitzel Served With Mash And Gravy	Lamb Korma With Vegetables Served With Rice / Mash	Roast Chicken And Chips Served With Potato Salad And A Side Of Gravy	Corned Beef With White Sauce Served With Mash Potatoes And Steamed Greens	Sweet And Sour Pork Vegetable Stir-fry Served With Rice Or Mash	Beef And Vegetable Bolognese Sauce Served With Pasta Or Mash With A Fresh Garden Salad	Roast Chicken Breast With A Creamy Garlic Sauce Or Gravy Served With Seasonal Roast Vegetables

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<b>Dinner Alternative Meal</b>	Creamy Garlic Prawn Served With Rice And Vegies	Homemade Vegetable Pasties Served With Cheesy Vegetable Bake	Beef Lasagne Served With Chips And Potato Salad	Beef Hamburgers And Fries	Beef Madras Curry Served With Rice Or Mash Potato	Cheesy Vegetable Pasta Bake Served With Mash And Garden Salad	Creamy Garlic Prawns With Broccoli And Green Beans Served With Rice Or Mash
<b>Dinner Salad</b>	Soft Quinoa Salad Spinach, Roasted Sweet Potato, Avocado And Feta Cheese	Creamy Greek Yoghurt Cucumber And Dill Salad	Boiled Egg And Potato Salad.	Beetroot, Fetta Cheese And Carrot Salad	Sweet Potato, Apple And Ricotta Cheese Salad	Chicken, Spinach, Pumpkin And Fetta Cheese Salad	Creamy Broccoli And Cauliflower Salad
<b>Dinner Sandwich</b>	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments	Sandwich Of: Salad, Ham, Turkey, Tuna Or Egg With Condiments
<b>Dinner Dessert</b>	Berries And Yoghurt	Jellied Pears With Whipped Cream	Vanilla Mousse With Sliced Bananas	Mango Cheesecake	Stewed Fruits And Custard Cream	Cream Caramel With Runny Cream	Chocolate Ice Cream Sundae With Banana Slices
<b>Ice Cream</b>	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream
<b>Fruit</b>	Fruit Salad Bananas Watermelon	Fruit Salad Bananas Watermelon	Fruit Salad Bananas Watermelon	Fruit Salad Bananas Watermelon	Fruit Salad Bananas Watermelon	Fruit Salad Bananas Watermelon	Fruit Salad Bananas Watermelon
<b>Supper</b>							
<b>Supper</b>	Yoghurt Scrambled Eggs Cheese And Crackers Arnott's Biscuits Ham And Cheese Sandwich Chefs Salad Fruit Salad / Puree	Yoghurt Scrambled Eggs Cheese And Crackers Arnott's Biscuits Ham And Cheese Sandwich Chefs Salad Fruit Salad / Puree	Yoghurt Scrambled Eggs Cheese And Crackers Arnott's Biscuits Ham And Cheese Sandwich Chefs Salad Fruit Salad / Puree	Yoghurt Scrambled Eggs Cheese And Crackers Arnott's Biscuits Ham And Cheese Sandwich Chefs Salad Fruit Salad / Puree	Yoghurt Scrambled Eggs Cheese And Crackers Arnott's Biscuits Ham And Cheese Sandwich Chefs Salad Fruit Salad / Puree	Yoghurt Scrambled Eggs Cheese And Crackers Arnott's Biscuits Ham And Cheese Sandwich Chefs Salad Fruit Salad / Puree	Yoghurt Scrambled Eggs Cheese And Crackers Arnott's Biscuits Ham And Cheese Sandwich Chefs Salad Fruit Salad / Puree

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