

August 2025 - Lifestyle Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				01 Hairdresser House 4 09:30 To 03 Hair Salon Wellness Walkers - House 5 10:30 To 11 Outside 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Nails by Sandy 11 To 12 Resident Room	02 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Bingo 01:30 To 02:30 Activity Room	03 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Floor Bobs 01:30 To 02:30 Activity Room
04 AFL Footy Tipping 10 To 11 Resident Room Wellness Walkers - House 1 10:30 To 11 Outside Exercise Class With Physio 11 To 12 Activity Room 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Balloon Tennis 01:30 To 02:30 Activity Room	05 Catholic Eucharistic Services 09 To 10 Resident Room Wellness Walkers - House 2 10:30 To 11 Outside 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Word Games 11 To 12 Activity Room Travel with VR Headsets 01:30 To 02:30 Activity Room	06 Champagne Breakfast 08:30 To 09:30 Activity Room Wellness Walkers - House 3 10:30 To 11 Outside 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Cooking Class - Choux Pastry 01:30 To 02:30 Activity Room	07 Exercise Class With Physio 10:30 To 12 Gym Wellness Walkers - House 4 10:30 To 11 Outside 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room BBQ Lunch 12:30 To 01:30 Respective House Cooking Class - Choux Pastry Decorating 01:30 To 02:30 Activity Room	08 Hairdresser House 5 09:30 To 03 Hair Salon Wellness Walkers - House 5 10:30 To 11 Outside Morning tea together 10:45 To 12 Activity Room 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Floor Bobs 01:30 To 02:30 Activity Room	09 Pet Therapy 10:30 To 11:30 Resident Room 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Bingo 01:30 To 02:30 Activity Room	10 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Floor Bobs 01:30 To 02:30 Activity Room
11 AFL Footy Tipping 10 To 11 Resident Room Wellness Walkers - House 1 10:30 To 11 Outside Exercise Class With Physio 11 To 12 Activity Room 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Hoi 01:30 To 02:30 Activity Room	12 Catholic Eucharistic Services 09 To 10 Resident Room Wellness Walkers - House 2 10:30 To 11 Outside 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Animal Encounter - Radicool Reptiles 11 To 12 Activity Room Craft -Rock Painting 01:30 To 02:30 Activity Room	13 Lutheran Church Service 10 To 11 Activity Room Wellness Walkers - House 3 10:30 To 11 Outside 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Residents Meeting 11 To 12 Activity Room Travel with VR Headsets 01:30 To 02:30 Activity Room	14 Exercise Class With Physio 10:30 To 12 Gym Wellness Walkers - House 4 10:30 To 11 Outside 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Craft -Rock Painting 01:30 To 02:30 Activity Room	15 Hairdresser House 1 09:30 To 03 Hair Salon Wellness Walkers - House 5 10:30 To 11 Outside 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Bowling 11 To 12 Activity Room Nails by Sandy 01:30 To 02:30 Activity Room	16 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Bingo 01:30 To 02:30 Activity Room	17 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Floor Bobs 01:30 To 02:30 Activity Room
18 AFL Footy Tipping 10 To 11 Resident Room Wellness Walkers - House 1 10:30 To 11 Outside Exercise Class With Physio 11 To 12 Activity Room 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Hoi 01:30 To 02:30 Activity Room	19 Catholic Eucharistic Services 09 To 10 Resident Room Wellness Walkers - House 2 10:30 To 11 Outside 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Word Games 11 To 12 Activity Room Travel with VR Headsets 01:30 To 02:30 Activity Room	20 Wellness Walkers - House 3 10:30 To 11 Outside 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Musician - Reg & Wayne 01:30 To 02:30 House 5	21 Exercise Class With Physio 10:30 To 12 Gym Wellness Walkers - House 4 10:30 To 11 Outside 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room BBQ Lunch 12:30 To 01:30 Respective House Floor Bobs 01:30 To 02:30 Activity Room	22 Hairdresser House 2 09:30 To 03 Hair Salon Wellness Walkers - House 5 10:30 To 11 Outside Birthday Party 10:30 To 11:45 Activity Room 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Birthday Bingo 01:30 To 02:30 Activity Room	23 Pet Therapy 10:30 To 11:30 Resident Room 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Bingo 01:30 To 02:30 Activity Room	24 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Floor Bobs 01:30 To 02:30 Activity Room
25 AFL Footy Tipping 10 To 11 Resident Room Wellness Walkers - House 1 10:30 To 11 Outside Morning tea together 10:45 To 12 Activity Room 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Balloon Tennis 01:30 To 02:30 Activity Room	26 Catholic Eucharistic Services 09 To 10 Resident Room Wellness Walkers - House 2 10:30 To 11 Outside 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Floor Bobs 11 To 12 Activity Room Hoi 01:30 To 02:30 Activity Room	27 Wellness Walkers - House 3 10:30 To 11 Outside 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Cultural Food Event - Latvian 12:30 To 01:30 Respective House Travel with VR Headsets 01:30 To 02:30 Activity Room	28 Wellness Walkers - House 4 10:30 To 11 Outside 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Move with Amber 11 To 11:45 Activity Room Latvian Bingo 01:30 To 02:30 Activity Room	29 Hairdresser House 3 09:30 To 03 Hair Salon Wellness Walkers - House 5 10:30 To 11 Outside Nails by Sandy 10:30 To 11:30 Activity Room 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Pub Lunch 11:45 To 02:30 Offsite	30 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Bingo 01:30 To 02:30 Activity Room	31 1:1 Individual Activities or Visits by Carers 11 To 08 Resident Room Floor Bobs 01:30 To 02:30 Activity Room