## Activity and Events Program 1<sup>st</sup> to 7<sup>th</sup> September Amber Aged Care



Date	Time	Title	Location
01/09/2025 (Mon)	09:00 – 10:45	Quiz	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Exercise Class with Physio	Activity Room
	13:30 - 14:30	Hoi	Activity Room
02/09/2025 (Tue)	09:00 - 10:00	Catholic Eucharist Service	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Word Games	Activity Room
	13:30 - 14:30	Travel with VR Headsets	Activity Room
03/09/2025 (Wed)	08:30 - 09:30	Champagne Breakfast	Respective House
(VVCa)	09:00 – 10:45	Quiz	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	13:30 - 14:30	Floor Bobs	Activity Room
04/09/2025	10:00 - 14:00	Wellness Walkers	Outside
(Thu)	10:30 - 12:00	Exercise Class with Physio	Gym
	12:30 - 13:30	BBQ Lunch	Respective House
	13:30 - 14:30	Musical Duo - Reg and Wayne	House 5
05/09/2025	09:30 - 15:00	Hairdresser House 4	Hair Salon
(Fri)	10:00 - 14:00	Wellness Walkers	Outside
	10:45 - 12:00	Father's Day Morning Tea	Activity Room
	13:30 - 14:30	Father's Day Bingo	Activity Room
06/09/2025	10:30 - 11:30	Pet Therapy	Resident Room
(Sat)	13:30 - 14:30	Bingo	Activity Room
07/09/2025 (Sun)	13:30 – 14:30	Floor Bobs	Activity Room

Please note: Activity and Events subject to change

## Activity and Events Program 8<sup>th</sup> to 14<sup>th</sup> September

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Date	Time	Title	Location
08/09/2025 (Mon)	09:00 – 10:45	Quiz	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Exercise Class with Physio	Activity Room
	13:30 - 14:30	Hoi	Activity Room
09/09/2025 (Tue)	09:00 - 10:00	Catholic Eucharist Service	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Floor Bobs	Activity Room
	13:30 - 14:30	Travel with VR Headsets	Activity Room
10/09/2025 (Wed)	09:00 – 10:45	Quiz	Residents Room
· · ·	10:00 – 11:00	Lutheran Church Service	Activity Room
	10:00 - 14:00	Wellness Walkers	Outside
	13:30 - 14:30	Cooking Class	Activity Room
11/09/2025	10:00 - 14:00	Wellness Walkers	Outside
(Thu)	10:30 - 12:00	Exercise Class with Physio	Gym
	13:30 - 14:30	Cooking Class	House 5
12/09/2025 (Fri)	09:30 – 15:00	Hairdresser House 5	Hair Salon
	10:00 – 1400	Wellness Walkers	Outside
	10:45 - 12:00	Morning Tea Together	Activity Room
	13:30 - 14:30	Nails By Sandy	Resident Room
13/09/2025 (Sat)	13:30 - 14:30	Bingo	Activity Room
14/09/2025 (Sun)	13:30 – 14:30	Floor Bobs	Activity Room

## Activity and Events Program 15<sup>th</sup> to 21<sup>st</sup> September Amber Aged Care



Date	Time	Title	Location
15/09/2025 (Mon)	09:00 – 10:45	Quiz	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Exercise Class with Physio	Activity Room
	13:30 - 14:30	Hoi	Activity Room
16/09/2025 (Tue)	09:00 - 10:00	Catholic Eucharist Service	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Floor Bobs	Activity Room
	13:30 - 14:30	Travel with VR Headsets	Activity Room
17/09/2025 (Wed)	09:00 – 10:45	Quiz	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	13:30 – 14:30	Rick Bland – Acoustic Man	House 5
18/09/2025 (Thu)	10:00 - 14:00	Wellness Walkers	Outside
	10:30 - 12:00	Exercise Class with Physio	Gym
	12:30 – 13:30	BBQ Lunch	Respective House
	13:30 - 14:30	Hoi	House 5
19/09/2025	09:30 – 15:00	Hairdresser House 1	Hair Salon
(Fri)	10:00 – 1400	Wellness Walkers	Outside
	10:30 – 11:30	Nails By Sandy	Resident Room
	11:45 - 14:00	Pub Lunch	Offsite
20/09/2025 (Sat)	10:30 – 11:30	Pet Therapy	Resident Room
	13:30 - 14:30	Bingo	Activity Room
21/09/2025 (Sun)	13:30 – 14:30	Floor Bobs	Activity Room

Please note: Activity and Events subject to change

## Activity and Events Program 22<sup>nd</sup> to 28<sup>th</sup> September Amber Aged Care



Date	Time	Title	Location
22/09/2025 (Mon)	09:00 – 10:45	Quiz	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Exercise Class with Physio	Activity Room
	13:30 - 14:30	Hoi	Activity Room
23/09/2025 (Tue)	09:00 - 10:00	Catholic Eucharist Service	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Word Games	Activity Room
	13:30 - 14:30	Travel with VR Headsets	Activity Room
24/09/2025 (Wed)	09:00 – 10:45	Quiz	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	13:30 – 14:30	British Bingo	Activity Room
25/09/2025	10:00 - 14:00	Wellness Walkers	Outside
(Thu)	10:30 - 12:00	Exercise Class with Physio	Gym
	13:30 - 14:30	Floor Bobs	Activity Room
26/09/2025	09:30 – 15:00	Hairdresser House 2	Hair Salon
(Fri)	10:00 – 1400	Wellness Walkers	Outside
	10:30 – 12:00	Birthday Party	Activity Room
	13:30 - 14:30	Birthday Bingo	Activity Room
27/09/2025 (Sat)	13:30 – 14:30	AFL Bingo – Footy Tipping Winner Announcement	Activity Room
28/09/2025 (Sun)	13:30 – 14:30	Floor Bobs	Activity Room