## Activity and Events Program 29<sup>th</sup> September to 5<sup>th</sup> October Amber Aged Care



Date	Time	Title	Location
29/09/2025 (Mon)	09:00 – 10:45	Quiz	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Exercise Class with Physio	Activity Room
	13:30 - 14:30	Hoi	Activity Room
30/09/2025 (Tue)	09:00 - 10:00	Catholic Eucharist Service	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Floor Bobs	Activity Room
	13:30 - 14:30	Travel with VR Headsets	Activity Room
01/10/2025 (Wed)	09:00 – 10:45	Quiz	Resident Room
(vveu)	09:00 – 10:45	Senior Newspaper Delivery	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	13:30 - 14:30	Exercise Class with Physio	Gym
02/10/2025 (Thu)	10:00 - 14:00	Wellness Walkers	Outside
(Thu)	11:00 -12:00	Floor Bobs	Activity Room
	12:30 - 13:30	BBQ Lunch	Respective House
	13:30 - 14:30	Hoi	Activity Room
03/10/2025	09:30 - 15:00	Hairdresser House 3	Hair Salon
(Fri)	10:00 - 14:00	Wellness Walkers	Outside
	10:45 - 12:00	Morning Tea Together	Activity Room
	13:30 - 14:30	Bingo	Activity Room
04/10/2025	10:30 - 11:30	Pet Therapy	Resident Room
(Sat)	13:30 - 14:30	Hoi	Activity Room
05/10/2025 (Sun)	13:30 – 14:30	Floor Bobs	Activity Room

## Activity and Events Program 6<sup>th</sup> to 12<sup>th</sup> October



Date	Time	Title	Location
06/10/2025 (Mon)	09:00 – 10:45	Quiz	Resident Room
Labour Day	10:00 - 14:00	Wellness Walkers	Outside
	13:30 - 14:30	Hoi	Activity Room
07/10/2025 (Tue)	09:00 - 10:00	Catholic Eucharist Service	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Floor Bobs	Activity Room
	13:30 - 14:30	Travel with VR Headsets	Activity Room
08/10/2025 (Wed)	09:00 – 10:45	Quiz	Residents Room
	10:00 – 10:45	Lutheran Church Service	Activity Room
	11:00 - 12:00	Exercise Class with Physio	Activity Room
	10:00 - 14:00	Wellness Walkers	Outside
	13:30 - 14:30	Cooking Class	Activity Room
09/10/2025 (Thu)	10:00 - 14:00	Wellness Walkers	Outside
(Thu)	11:00 – 12:00	Floor Bobs	Activity Room
	13:30 - 14:30	Cooking Class	House 5
10/10/2025	09:30 – 15:00	Hairdresser House 4	Hair Salon
(Fri)	10:00 – 1400	Wellness Walkers	Outside
	10:30 – 12:00	Exercise Class with Physio	Gym
11/10/2025 (Sat)	13:30 - 14:30	Hoi	Activity Room
12/10/2025 (Sun)	13:30 – 14:30	Floor Bobs	Activity Room

## Activity and Events Program 13<sup>th</sup> to 19<sup>th</sup> October



Date	Time	Title	Location
13/10/2025 (Mon)	09:00 – 10:45	Quiz	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Exercise Class with Physio	Activity Room
	13:30 - 14:30	Hoi	Activity Room
14/10/2025 (Tue)	09:00 - 10:00	Catholic Eucharist Service	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Word Games	Activity Room
	13:30 - 14:30	Travel with VR Headsets	Activity Room
15/10/2025 (Wed)	09:00 – 10:45	Quiz	Resident Room
(wed)	10:00 - 14:00	Wellness Walkers	Outside
	11:15 – 12:00	Resident Meeting	Activity Room
	13:30 – 14:30	Floor Bobs	Activity Room
16/10/2025	10:00 - 14:00	Wellness Walkers	Outside
(Thu)	10:30 - 12:00	Exercise Class with Physio	Gym
	12:30 – 13:30	BBQ Lunch	Respective House
	13:30 - 14:30	Hoi	Activity Room
17/10/2025	09:30 – 15:00	Hairdresser House 5	Hair Salon
(Fri)	10:00 – 1400	Wellness Walkers	Outside
	10:30 – 11:30	Morning Tea Together	Activity Room
	11:45 - 14:00	Pub Lunch	Offsite
18/10/2025	10:30 – 11:30	Pet Therapy	Resident Room
(Sat)	13:30 - 14:30	Hoi	Activity Room
19/10/2025 (Sun)	13:30 – 14:30	Floor Bobs	Activity Room

## Activity and Events Program 27<sup>th</sup> October to 2<sup>nd</sup> November Amber Aged Care



Date	Time	Title	Location
20/10/2025 (Mon)	09:00 – 10:45	Quiz	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Exercise Class with Physio	Activity Room
	13:30 - 14:30	Hoi	Activity Room
21/10/2025 (Tue)	09:00 - 10:00	Catholic Eucharist Service	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Floor Bobs	Activity Room
	13:30 - 14:30	Travel with VR Headsets	Activity Room
22/10/2025 (Wed)	09:00 – 10:45	Quiz	Resident Room
,	10:00 - 14:00	Wellness Walkers	Outside
	12:30 – 13:30	Cultural Food Event - Indian	Respective House
	13:30 – 14:30	Indian Bingo	Activity Room
23/10/2025	10:00 - 14:00	Wellness Walkers	Outside
(Thu)	10:30 - 12:00	Exercise Class with Physio	Gym
	13:30 - 14:30	Hoi	Activity Room
24/10/2025	09:30 – 15:00	Hairdresser House 1	Hair Salon
(Fri)	10:00 – 1400	Wellness Walkers	Outside
	11:00 – 12:00	Floor Bobs	Activity Room
	13:30 - 14:30	Bingo	Activity Room
25/10/2025 (Sat)	13:30 – 14:30	Hoi	Activity Room
26/10/2025 (Sun)	13:30 – 14:30	Floor Bobs	Activity Room

Activity and Events Program 27<sup>th</sup> October to 2<sup>nd</sup> November Aged Care



Date	Time	Title	Location
27/10/2025 (Mon)	09:00 – 10:45	Quiz	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Exercise Class with Physio	Activity Room
	13:30 - 14:30	Hoi	Activity Room
28/10/2025 (Tue)	09:00 - 10:00	Catholic Eucharist Service	Resident Room
, ,	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Halloween Craft	Activity Room
	13:30 - 14:30	Travel with VR Headsets	Activity Room
29/10/2025 (Wed)	09:00 – 10:45	Quiz	Resident Room
(5553)	10:00 - 14:00	Wellness Walkers	Outside
	13:30 – 14:30	Musical Duo – Reg & Wayne	Outside
30/10/2025	10:00 - 14:00	Wellness Walkers	Outside
(Thu)	10:30 - 12:00	Exercise Class with Physio	Gym
	12:30 - 13:30	BBQ Lunch	Respective House
	13:30 - 14:30	Floor Bobs	Activity Room
31/10/2025	09:30 – 15:00	Hairdresser House 2	Hair Salon
(Fri)	10:00 – 1400	Wellness Walkers	Outside
	11:00 – 12:00	Birthday Party	Activity Room
	13:30 - 14:30	Birthday Bingo	Activity Room
01/11/2025 (Sat)	13:30 – 14:30	Bingo	Activity Room
02/11/2025 (Sun)	13:30 – 14:30	Floor Bobs	Activity Room