

Activity and Events Program 1<sup>st</sup> to 7<sup>th</sup> December 2025

Date	Time	Title	Location
01/12/2025 (Mon)	09:00 – 10:45	Senior Newspaper Delivery	Resident Room
	09:00 – 10:45	Activity and Event Program Delivery	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Exercise Class with Physio	Activity Room
	13:30 - 14:30	Hoi	Activity Room
02/12/2025 (Tue)	09:00 - 10:00	Catholic Eucharist Service	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:15 - 12:00	Resident meeting	Activity Room
	13:30 - 14:30	Floor Bobs	Activity Room
03/12/2025 (Wed)	10:00 – 1400	Wellness Walkers	Outside
	13:30 – 14:30	Music Instrument Bingo	Activity Room
04/12/2025 (Thu)	10:00 - 14:00	Wellness Walkers	Outside
	10:30 - 12:00	Exercise Class with Physio	Gym
	13:30 - 14:30	Garry and the Band	Outside
05/12/2025 (Fri)	09:30 - 15:00	Hairdresser House 3	Hair Salon
	10:00 - 14:00	Wellness Walkers	Outside
	10:45 - 12:00	Morning Tea Together	Activity Room
	13:30 - 14:30	Bingo	Activity Room
06/12/2025 (Sat)	13:30 – 14:30	Hoi	Activity Room
07/12/2025 (Sun)	13:30 – 14:30	Floor Bobs	Activity Room

Please note: Activity and Events subject to change

Date	Time	Title	Location
08/12/2025 (Mon)	10:00 - 14:00	Wellness Walkers	Outside
	13:30 - 14:30	Hoi	Activity Room
09/12/2025 (Tue)	09:00 - 10:00	Catholic Eucharist Service	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Floor Bobs	Activity Room
	13:30 - 14:30	Christmas Craft	Activity Room
10/12/2025 (Wed)	10:00 – 10:45	Lutheran Church Service	Activity Room
	10:00 - 14:00	Wellness Walkers	Outside
	13:30 - 14:30	Ballet Performance	House 5
11/12/2025 (Thu)	10:00 - 14:00	Wellness Walkers	Outside
	10:30 - 12:00	Exercise Class with Physio	Gym
	12:30 - 13:30	BBQ Lunch	Respective House
	13:30 – 14:30	Gym Equipment Bingo	Activity Room
12/12/2025 (Fri)	09:30 – 15:00	Hairdresser House 4 & 5	Hair Salon
	10:00 – 1400	Wellness Walkers	Outside
	11:00 – 12:00	Bingo	Activity Room
	13:30 – 14:30	Nails by Sandy	Resident Room
13/12/2025 (Sat)	13:30 - 14:30	Hoi	Activity Room
14/12/2025 (Sun)	13:30 – 14:30	Floor Bobs	Activity Room

Date	Time	Title	Location
15/12/2025 (Mon)	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Exercise Class with Physio	Activity Room
	13:30 - 14:30	Hoi	Activity Room
16/12/2025 (Tue)	09:00 - 10:00	Catholic Eucharist Service	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Word Games	Activity Room
	13:30 - 14:30	Travel with VR Headsets	Activity Room
17/12/2025 (Wed)	09:00 – 10:45	Quiz	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	13:30 – 14:30	Cooking Class – Gingerbread	Activity Room
18/12/2025 (Thu)	10:00 - 14:00	Wellness Walkers	Outside
	10:30 - 12:00	Exercise Class with Physio	Gym
	12:30 – 13:30	BBQ Lunch	Respective House
	13:30 - 14:30	Cooking Class – Gingerbread	Activity Room
19/12/2025 (Fri)	10:00 – 1400	Wellness Walkers	Outside
	12:00 - 14:00	Christmas Party Wheezy Listening	Outside
20/12/2025 (Sat)	13:30 – 14:30	Floor Bobs	Activity Room
21/12/2025 (Sun)	13:30 – 14:30	Bingo	Activity Room

Date	Time	Title	Location
22/12/2025 (Mon)	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Exercise Class with Physio	Activity Room
	13:30 - 14:30	Hoi	Activity Room
23/12/2025 (Tue)	09:00 - 10:00	Catholic Eucharist Service	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Floor Bobs	Activity Room
	13:30 - 14:30	Travel with VR Headsets	Activity Room
24/12/2025 (Wed) <i>Christmas Eve</i>	10:00 - 14:00	Wellness Walkers	Outside
	13:30 – 14:30	Christmas Bingo	Activity Room
25/12/2025 (Thu) <i>Christmas Day</i>	10:00 - 14:00	Wellness Walkers	Outside
	11:00 – 12:00	Nails by Sandy	Resident Rooms
	12:30 - 14:30	Christmas BBQ Lunch Together	Outside
26/12/2025 (Fri) <i>Boxing Day</i>	10:00 – 1400	Wellness Walkers	Outside
	11:00 – 12:00	Floor Bobs	Activity Room
	13:30 - 14:30	Bingo	Activity Room
27/12/2025 (Sat)	13:30 – 14:30	Hoi	Activity Room
28/12/2025 (Sun)	13:30 – 14:30	Floor Bobs	Activity Room

Activity and Events Program 29<sup>th</sup> December 2025 to 4<sup>th</sup> January 2026

Date	Time	Title	Location
29/12/2025 (Mon)	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Exercise Class with Physio	Activity Room
	13:30 - 14:30	Hoi	Activity Room
30/12/2025 (Tue)	09:00 - 10:00	Catholic Eucharist Service	Resident Room
	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Floor Bobs	Activity Room
	13:30 - 14:30	Travel with VR Headsets	Activity Room
31/12/2025 (Wed) <i>New Years Eve</i>	10:00 - 14:00	Wellness Walkers	Outside
	13:30 – 14:30	New Years Eve Bingo	Activity Room
01/01/2026 (Thu) <i>New Years Day</i>	10:00 - 14:00	Wellness Walkers	Outside
	11:00 - 12:00	Morning Tea Together	Activity Room
	13:30 - 14:30	Nails by Sandy	Activity Room
02/01/2026 (Fri)	09:30 – 15:00	Hairdresser House 1& 2	Hair Salon
	10:00 – 1400	Wellness Walkers	Outside
	11:00 – 12:00	Floor Bobs	Activity Room
	13:30 - 14:30	Bingo	Activity Room
03/01/2026 (Sat)	13:30 – 14:30	Hoi	Activity Room
04/01/2026 (Sun)	13:30 – 14:30	Floor Bobs	Activity Room